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Last updated by: Charlotte Fisher On: 24<sup>th</sup> January 2025

To be reviewed and updated: 24/01/2026

## Student Supervision Policy - Junior Centres

Policy renewed at least annually, or as required according to changes in procedures or legislation. The policy is available on the Europa website.

Responsibility for this Document: Charlotte Fisher

Responsibility for implementation:

Charlotte Fisher (General Manager)

Matthew Rogers (Operations Manager Bournemouth)

Ana Poljansek (Recruitment and Training)

Jackie Frampton (Accommodation Officer)

Richard Wedderburn-Clarke (Director Of Studies Year Round)

All UK Centre Teams (Centre Managers, Programme Organisers, Centre Admins and Supervision and Safeguarding Coordinators)

The level of supervision offered to all our students is made clear via our website (our only marketing channel) and through our marketing and sales team who are kept well informed of the levels of supervision on each product and can confidently talk about it with clients / parents before they book. Before arrival students are all sent our pre-arrival information which includes a cut out and keep card with our 24/7 emergency number on it. All parents and guardians must complete a consent form for their child agreeing to the level of supervision offered or asking for their child to be supervised more closely.

In all our centres there are specific points during the day when all students' attendance is checked:

These are:

wake-up; breakfast; class check; lunch; Time To Talk; activity; dinner; night check

## **Activity Programme**

Our supervision concept for junior students below the age of 16 years is based on a partly compulsory afternoon activity programme with a daily variety of options for students to choose from. In this way students can enjoy some level of autonomy and independence but for students and parents who prefer a closer level of supervision this is always available.

We have our own App which students must use to sign up to activities or to 'sign out' if they are permitted to. This means we can always monitor student's whereabouts. Supervisors are trained to use the App to check students' attendance at activities and report any absent or late students. In this way the whole team can see when a student needs checking up on.

Students aged between 13-15 years will have two afternoons per week where one of the activities offered will be 'sign out'. There will be other activities offered on these days also so students can















choose to remain with a supervisor if they prefer. On the other days students will be expected to participate in one of the activities offered. All evening activities are compulsory for 13–15-year-olds.

16- and 17-year-old students booked on our junior programme have the option to sign-out in the afternoons every day, and can also sign out in the evenings for two evenings per week. We will also have some special supervised activities eg Town by Night or Bowling offered in the evenings more aimed at this older age group. Our activity programme is created to be as engaging and fun as possible so students are happy to join in and in this way we are more able to supervise them safely.

16 and 17 year old students who would like more independence, can also join our adult programme at the year round school in Bournemouth if they wish – this product is unsupervised and parents are advised of this at the time of booking and via our marketing materials.

### **Welcome Meetings**

Welcome meetings are an excellent opportunity for us to not only welcome the students to the school but to set some expectations on how they will be supervised during their stay. Students are introduced to our activity sign up App and asked to download it on to their phones. Students who come without a phone can sign up on a supervisor's phone.

At the welcome meeting students are provided with a QR code which when they scan will provide them with:

- A welcome letter including school emergency contact details and address
- A copy of our Rules & Regulations including the rules for signing out
- Complaints procedure

In addition supervisors ask all students to enter the emergency telephone number for the school in their phone at the Welcome Meeting and this is spot checked throughout the week. Students are reminded of the rules and regulations and talked through the expectations around supervision (what time they need to be home / back at residences etc.)

#### Time to Talk

The cornerstone of our supervision procedure is the TTT (Time to Talk) session that takes place at least once a day in every centre in the UK, each student will be part of a TTT group for which one particular supervisor is responsible, and makes sure that all students know what to do and are provided with all the information they need for a safe and rewarding holiday.

There should be a strong link between the supervisor and his/her TTT group. The TTT groups are created on a weekly basis. TTT diaries are kept by the supervisors. These diaries contain 2 pages per day to record:

- Notes
- Complaints/Incidents
- Action taken
- By whom/when







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- Follow up
- Issued solved/when

Supervisors are trained to ask specifically about the students' general wellbeing, and if they are happy and cared for in their host family and in their residences especially within the first few days of arrival. Any concerns, complaints or problems are noted in the TTT diary and followed up on with the relevant parties.

#### **Student Feedback**

Students will be asked twice for their feedback during their stay.

- Tuesday feedback after arrival, during the Lunch TTT, students will be provided with a QR code and asked to fill a 5mns feedback form where they'll be asked to rate their accommodation, lessons, teachers, food, activity programme, IP team, etc. Results to be checked by the Lead Teacher and Centre Manager and taken to the team meeting that day with all staff members. Minutes to be taken of the problems and how they have been resolved and saved in the Teams Channel.
- Friday feedback anonymous, for students leaving. Teachers will provide students with a QR code after the 3rd lessons (for General Course) students and 4th lesson (for Intensive Course) with this 15mns form. In this form, students will be able to rate in detail all aspects of their stay. Results to be checked by Centre Manager and Lead Teacher.

All feedback forms are done by Microsoft Forms. The results are automatically saved and will also be reviewed and discussed during the weekly All Hands Meeting by the Senior Management team. Hard copies of the form will be available for students who need it.

### Residences

All residences have been risk assessed by Europa School of English and the risk assessments form part of the supervisor and Centre Management team training.

Supervisors live in the same residences as students. Depending on the particular residence a supervisor may be living in the same flat or at least on the same floor as the students.

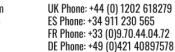
Male and female students are always housed in separate flats or on different floors in a residence and under 18 year olds don't normally share the same flat or floor with any over 18 year old students.

Please note in Bournemouth where 16/17 year old students book our Adult School product they may be housed in the same flat a student 18+ in an en-suite room but not if they have booked the junior product.

We do not encourage students to return to the residences in the afternoons while activities are taking place but sometimes it is unavoidable and in these cases we will try and support this.













#### **Host Families**

All our host families are checked every other year in line with our safeguarding policy and all our hosts are carefully selected to provide the best experience possible for our students. Hosts are provided with safeguarding training by our Accommodation Officer when they join us and this training is updated at each visit. Safeguarding information is reinforced to host families every year with a short talk being given at our annual host family social event and regular training emails and flyers being handed out to hosts prior to collection of their students.

Students are carefully placed in host families according to their preferences and their age. The younger students are placed closer to the school (preferably on a direct bus route or within walking

distance). We do have some hosts who are happy to accompany students to and from school so in some rare cases for an extra cost we can arrange for this service. Students are advised to travel in pairs of threes wherever possible and accommodation officers ask hosts to encourage students to do this.

All hosted students are given clear instructions by their hosts as to how to get to school on their first morning and brought to school for departure day with their luggage by the host (if between 6am and 10pm). Students are provided with the full address, phone number of their host and the emergency number for the school in their pre-arrival documentation. Supervisors check that all students have their host family telephone number and address details with them during their welcome meeting.

Students are not permitted to return to their hosts in the afternoons, even if they have 'signed out'.

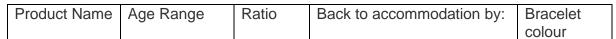
Where a student does not want to attend the evening activity then we will ask their host family if they are happy for them to stay at home with the family for the evening, this option is only allowed twice per week. Prior approval is required and if hosts are not happy about this or are planning on being out then the student must attend the evening event. Students should never remain in the hosts home alone.

## **Curfews and Night Checks**

All our students have different curfews depending on their age and the product chosen. Our curfews have been carefully thought about taking into account evening activities and bus timetables. Host families are trained to contact the emergency number if they are concerned about a student arriving late home from school. Each centre may have slightly different rules based on for example when a student should be in their flat but do not necessarily have to be in their rooms but this will be explained in the welcome meeting.

Some host families are happy to provide older students with their own keys, we do not encourage this but recognise that in some cases this is the most practical solution.

Night Checks will take place at around 23:00hrs and supervisors will ensure that all students aged 13-15 yrs are in their bedrooms and that students aged 16+ are in their flats (they may remain in the common areas). There will be occasional spot checks at 00:00hrs to ensure 16plus are in their rooms by this time also. Where students do not comply with these rules the school reserves the right to remove privileges or in extreme cases send a student home.









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Junior	8-12 yrs	1:10	21:30 (fully supervised)	Red Red e	ngusn
Programme				brand name of FG	Languages Ltd.
Junior	13-15 yrs	1:15	23:00 (after evening activity)	Yellow	
Programme					
Junior	16-17 yrs	1:20	23:00 (after evening activity)	Green	
Programme					
Adult School	16-17 yrs	N/A	23:00	None	
(16-17yrs)					
18plus	18 plus	N/A	Agreed between host and	None	
			student		

## Travelling to and from the school

All students (13+) in hosted accommodation travel to and from school independently.

After evening activities in some centres, supervisors may accompany students to the bus stop and wait until the bus arrives for them but generally students will be making their own way home.

Students aged (13+) in residences will not be accompanied to and from the school site, there will be a supervisor monitoring the route and any particularly busy roads, but students will be walking to and from the teaching sites unsupervised.

Students aged below 13 will be accompanied from the residences to the school site on open campuses but on closed campuses they will also be expected to make their own way to the school site from their accommodation.

Students aged 16 and 17 year old are permitted to travel to and from the residence on their own. They are encouraged to stay in pairs or small groups.

Where a student has been on a town walk and wishes to return direct to their host family from the town rather than from the school our supervisors are trained to check the student knows which bus to get on and in some cases to accompany the student to the 'new' bus stop. Where there is any doubt the supervisor will bring the student back to the school and the student can return home from the school on their usual route.

## Sign Out

As mentioned students aged 13 to 15 will be given the option to 'sign out' twice per week if their parents have given prior agreement. This option will only be available on the app for them if they have had permission.

For students aged 16 and 17 they can have the option to sign out every afternoon if they have been given prior agreement from their parents and this is extended also to two evenings per week.

The school retains the right to remove this privilege for any reason even if the parents have given permission. The general rules for sign out are below. There are slight variations on these rules for each centre taking into account distance to the town centre etc. but these generic rules apply in all cases:

- Students must upload their mobile phone number to the app. and have the emergency number saved.
- Students are allowed two hours of unsupervised time. Students must message the supervisor phone with their whereabouts if the unsupervised time exceeds two hours.
- Students must stay within the area shown on the map for their respective centre.







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- Students must not take public transport to any other area of the city or any other location.
- Students must have a fully charged mobile
- Students must stay with a friend or a small group (minimum 2)
- Meeting point to be used for emergencies, return there if you are lost or have an emergency and cannot contact the phone for whatever reason.
- Students must know the UK emergency number (999)
- For 'Free Time in Town' all students must meet back at the meeting point at the time advised.

### **Bournemouth Only:**

- Students must not return to their host family accommodation (if it is an emergency, please let a supervisor know)
- If signing out students must be back at the residence before 17:45 (afternoon) or 21:45 (evening)
- Hosted students must not visit the residential accommodation either during Sign Out or Free Time in Town
- For Free Time in Town; if residential students decide to remain at the residence they will still need to check in at the residence at 17:45

#### Free Time in Town

Students aged 13 - 15 and 16-17 years also have the option to sign up to an activity called 'Free Time in Town'. This is where a supervisor accompanies the students to a central meeting point in the town and then students are given a set amount of time (normally not longer than 2 hours) to explore the town centre in pairs or small groups and then they can meet back at the meeting point to be accompanied back to the centre. The school retains the right to remove this privilege for any reason even if the parents have given permission.

## Students not feeling well

If a student is not feeling well and they don't want to take part in either classes or the afternoon or evening activities the course of action depends on if the student is staying with a host family or in a residence.

If a student is with a host family we can ask the host if they are happy for the student to remain at home with the family (the student cannot remain in the home on their own). If a host family can't stay with the student then the student will come to the school and can rest in the 'IP Ocean Lounge' in the centre with a supervisor.

If a student is staying in a residence then a supervisor will remain in the residence with the student or the student can also come to the centre and rest in the 'IP Ocean Lounge' with a supervisor.

## 1. Age-appropriate Supervision

On our junior courses the level of supervision and support depends on the age of the student.

## a) 9 to 12 year olds:

Our youngest students are supervised more closely. The supervision ratio for this age-group is 1:10 to guarantee the safety and well-being of our younger students. The activity programme is mandatory for these students. Supervisors make sure that students take part in the offered activities via our activity App. These students are never permitted to sign out.

Students of this age are not allowed to leave the campus without supervision but will be offered town walks as an activity every day. It is not possible for parents to give permission for students to





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leave the campus without supervision. During excursions and town walks, these students will be at all times accompanied by a supervisor.

These students will be in a separate TTT group of up to 15 students per group. In the lunchtime TTT these students tell their supervisor what they want to do in the afternoon and the supervisor will help these students to sign up for the activity they want to do on the app. The app is always checked when the programme starts. The same happens at the dinnertime TTT for the evening event (if several evening events are offered). These students can be easily identified around the school because they wear a red bracelet.

Note: From the wake-up until the night check, those so called red bracelet students are with members of staff (supervisors or teachers) at all times.

## b) 13 to 15 year olds:

Students in this age group take part in a partly-compulsory programme with a wide range of activities on offer. Students will have the opportunity to 'sign out' for two afternoons a week to explore the city centre with their friends in pairs or larger groups. On the other days the students will be expected to participate in the planned activities.

Students of this age will be part of a TTT group of up to 20 students. At lunchtime students will choose on the app what they want to do in the afternoon and supervisors will check the attendance when the programme starts. The same happens at the dinner-time for the evening event, if several evening events are offered.

Homestay students only have one TTT around lunchtime where they need to inform their supervisor about their plans for the day. They also need during lunchtime to sign up for the activity they want to do in the afternoon. In the evenings the students can either take part in the activity programme or stay in their private homes. The families are in contact with the team and let them know if a student is missing.

The evening activities for this age group are compulsory.

## c) 16 to 17 year olds on our Junior Programme:

Teenagers aged 16 or older should be free to experience and explore things with their friends on and off campus. Our supervisors provide a good mix of supervision and personal freedom for this age group. Participation in the afternoon activity programme is voluntary for students over the age of 16. They can sign out every day although we try and encourage them to participate in the activities.

16 plus students are also permitted to sign out in the evenings for two evenings per week.

The supervision ratio for this age group is usually 1:20, i.e. one staff member per 20 students.

Students of this age will be part of a TTT group of up to 20 students. The TTT is mandatory for 16/17 year old students who have chosen this product. 16 and 17 year old students will also need to sign up for the afternoon and evening events they want to join on the app. If they decide to explore the town on their own in the afternoon, only this age group will be able to see on the app and sign up for a special slot for that purpose. The "green bracelets" will also be the only students offered on the app the younger students evening event options, and the twice weekly "Town by Night" activity they can sign up for.

Homestay students only have one TTT at lunchtime where they need to inform their supervisor about their plans for the day. In the evenings the students can either take part in the activity programme or twice a week they are allowed stay in their private homes if the host allows. If the





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student chooses to stay with their family in the evening the supervisor will call the family to check if this is OK and get agreement. The families are asked to contact the school and let them know if a student is not at home when they have previously agreed.

Our supervisors may restrict the level of freedom if necessary, for example if students don't follow our centre rules!

#### 2. Orientation Tour and Free Time in Town

Students are taken on an orientation tour as one of the first activities they do on arrival. They are given a tour and shown the main high street and safe areas to enjoy a café visit or a browse around the shops. We also take the opportunity to show the students on the map the boundaries for the sign out activities (where they can and can't go).

Free time in Town activity is also offered as an activity choice every day for students if they want it. Students are walked from the school to the town centre by supervisors in the correct ratios and then allowed free time in town on arrival they are then accompanied back to the centre or the residence.

On arrival in the town centre meeting point students are asked to check they have the emergency number and that they have enough charge in their phone. They are reminded of the safe areas that they can visit during their free time. Students are then allowed to leave for up to 2hrs of time and explore in pairs or small groups. Students are not allowed to go alone. In case a student doesn't have a partner, supervisors will encourage them to join a group or will partner up with them.

Students will be asked to meet back at the meeting point at a certain time. When all students have returned the group will be escorted back to the school. The rules for Free Time in Town are the same as for Sign Out.

### 3. Free Time on Excursions

During our excursions, students 13 + are permitted to spend some managed free time with their friends. A typical excursion visit would involve arrival in the location, a circular walking tour pointing out some points of interest then the supervisors will set up a check-in location (pre-arranged) and the managed free time will operate in the same way as it does for the Free Time in Town. All supervisors will have access to the local map before the trip and the risk assessments all mention ideas for safer areas the students may want to explore.

A trip to London is a more challenging proposition for our supervisors so there is a separate training module for London trips during their training but the London trip does also include some managed free time.

The Rules for Free Time on Excursions are the same as for Sign Out

### 4. Staff Training

As we are a specialist tour operator for junior language courses, student's safety and supervision are of major importance to us. This is why we spend a lot of time and money on the selection and training of our staff. The applicants go through several stages of our recruitment process and are assessed for their general suitability, their experience in working with children and teenagers, as well as their commitment.

As part of our recruitment process, our applicants take part in a specially designed training event where they have to demonstrate their abilities as a supervisor. Every year we train up to 300





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teachers and supervisors who accompany several trips a year and work between 2 to 10 weeks for us. The (online) training session takes a minimum of two days – depending on the position it can be up to four days. During the training we place special emphasis on different topics according to the specific position applied for, e.g., risk assessments, intercultural competence, tour management, programme organisation etc. Once selected and hired, long term seasonal staff responsible for the centre are asked to come one week in advance to the centre to participate in destination training.

All our staff are subject to our safer recruitment policy. This means that they must all provide us with up-to-date clear police certificates or DBS checks, two references which will be followed up. Our staff will also need to be as a minimum Basic safeguarding trained and in some cases; Advanced.

Training will cover our full safeguarding policy including the safeguarding structure and all our risk assessments.

### 5. Closed groups summer

During the summer season, we receive closed groups of students. Most of these clients only stay for 6-7 nights in the centre. These summer closed groups are fully integrated in our summer camp, with individual students, unless requested otherwise.

As fully part of our summer product, all the above will be relevant for those groups. We expect the group leaders to be involved in running the activities, ask them to be present in the morning to look for their students if some do not show up at school, to attend all excursions, and to participate in the supervision and safeguarding of their students. We do count those Group leaders in our supervision ratio.

Group leaders will have on arrival a welcome meeting with the Centre Manager or ADOS. They will have an induction talk on what we expect from them, and they will be provided with some guidelines on how to safely take care of their students during their free time with them. They will be offered a daily meeting with the School Manager or the ADOS to go through any questions, planning or concerns.

Group leaders will also have the opportunity to take their students out for activities or dinner, after being reminded of some supervision and safeguarding rules, informing the Centre Manager at least 24hrs prior to the event, and signing a disclaimer.

As part of our summer camp, closed group students will: have the same coloured bracelet system as for individual students, will be mixed in the classrooms with other students, will have the opportunity to sign up for activities on the app, will be part of TTTs, etc.

#### 6. Ministay – low season

In the low season Europa School of English deals with a lot of closed junior groups, our so-called 'mini-stays'. Most of these clients only stay for 6-7 nights in the centre.

For these closed groups the supervision concept is slightly different than the one for our junior summer centres. First of all, on some occasions closed junior groups can consist of under aged and 18+ students which happens with some of these groups as they all come from the same school and are in the same class in their home country. They are treated completely as a closed group and are not mixed with others, both during lessons and during the activities and excursions they might have booked.

Usually, all mini-stay groups during the low season are homestay. There might be some exceptions of hotel groups on enquiry for whose we would then need to work out a different risk assessment





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depending on the hotel they are staying in. 18+ students are accommodated together, but there could be exceptions, if the under 18 years student parents give written authorisation and a risk brand name of FG Languages Ltd. assessment has been undertaken.

Depending on the programme booked, there will be compulsory afternoon and evening activities and excursions during the stay. The booked programme activities are run by our Europa School of English activity staff and the group leaders will have a daily meeting with the School Manager on site.

During times when there are no programmed activities and there is free time for the group, group leaders will be informed during their induction meeting on arrival, on how to ensure the supervision and safeguarding of their students. We strongly advise Group leaders during their free time with their students to agree on a meeting point, make sure they know in which groups students are walking around alone in a specified area and make sure they have got all phone numbers of the students and that the students know whom they can contact in case they face any difficulties. If group leaders decide to change the booked programme to take their students on their own for a different activity, they need to inform the School Manager at least 24hrs in advance and will be asked to sign a disclaimer.

As the students are staying in homestay, they will make their way independently to the campus and back to their hosts. We also advise group leaders to meet the students at the bus stop and help them to make their way back home. Host families have the students schedule of the week and are informed of any change. Therefore, they do know when their students should be back home. In the event of a student not being back at home on time, a clear communication procedure is set - at first host families try to get in touch with the students. If they cannot, they inform the Accommodation

Officer, who informs the School Manager. The School Manager contact the group leaders and look together for the missing students.

Prior to arrival, groups can decide whether they want to allow free time in the evenings for their students (in which case the School Manager will give them advice on how to supervise their students and make sure they have a safe time), or if they want their students to stay in their host families after dinner, if there are no organised activities by the school.

If they decide to give free time to the students in the evenings, students can leave their homestays and go to town in small groups or pairs after dinner. They have to adhere to a curfew (different for each age group) which is communicated to both the students and the hosts on arrival.

On the other hand, if the group leaders decide not to give any free time to their students in the evening, host families will be informed and students will only be allowed to go out in the evenings if it is for a programmed activity or if their group leaders take them out as a group.

The homestays are in contact with the School Manager and will let him/her know if a student is missing. For the year-round mini-stays the School Manager works closely together with the group leaders and the homestays to secure the supervision of under aged junior students as there are no separate supervisors to ensure the supervision of these groups. Both the Accommodation

Officer and the School Manager are always available for homestays, group leaders and students so that there is always help and advice for any problem.







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The accommodation officer makes sure that all homestay hosts are aware of the rules. Closed junior groups all have to adhere to the junior rules – even the students who are 18+ within this groups. There are no exceptions to those students as they are booked as part of this junior group.

A responsible adult in the homestay is always present overnight and is present when students under 16 are at home. All homestay students have to return to their homestays for dinner. If the whole group has got different plans for dinner to go out together the homestays need to be informed beforehand by the Accommodation Officer or the School Manager. The group leaders will be asked during their welcome meeting, to inform the School Manager at least 24hrs in advance in order to give enough time to the Accommodation Officer to inform all homestays.

The rules and regulations for these closed groups are made clear to the groups in the pre-arrival documentation and handed out and repeated again in the Welcome Meeting upon arrival in the centre.









